

internationalhouse capetown

Speaking to the world



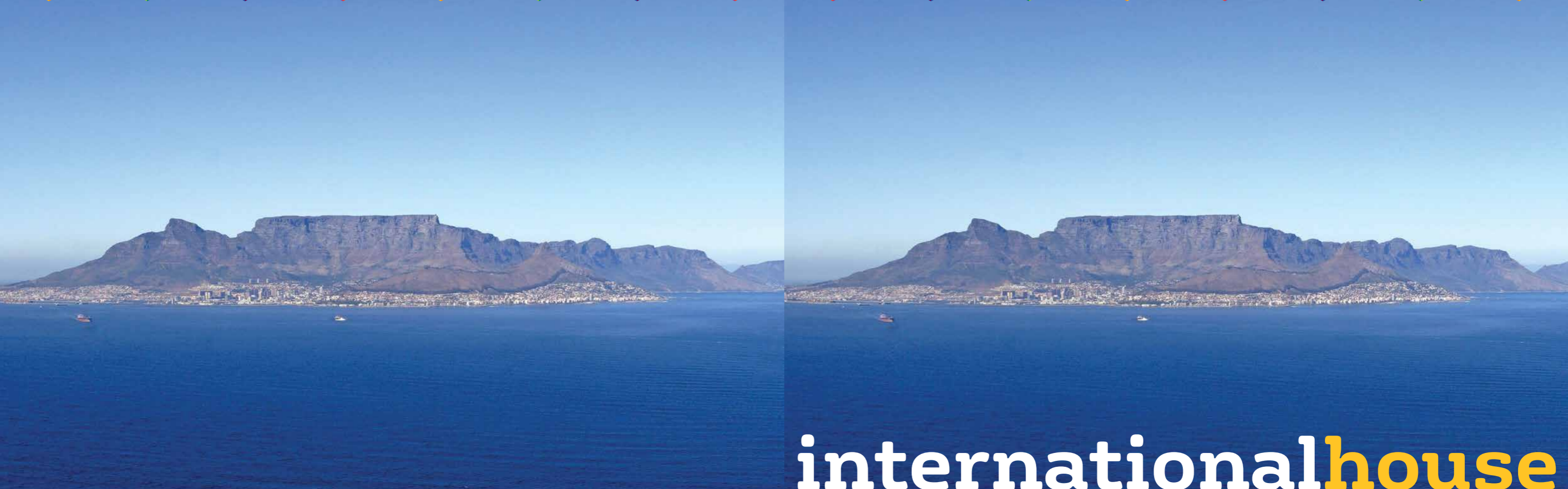
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about international house

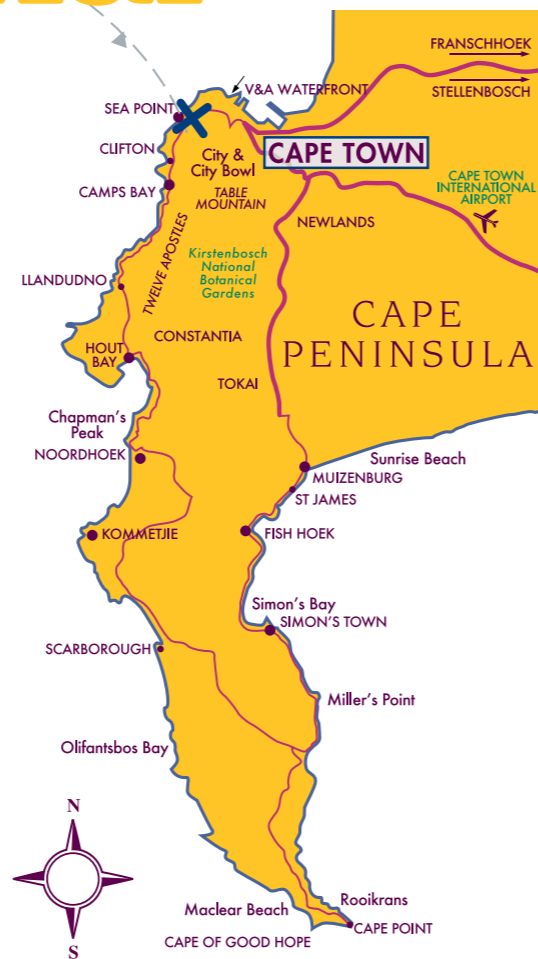
The International House World Organisation (IHWO) is a network of language schools worldwide that are committed to implementing high standards of quality and innovation in education and training. There are currently over 150 schools in more than 50 countries. International House (IH) was founded in 1953 by John and Brita Haycraft, with the aim of providing an innovative approach to language teaching. IH has remained at the forefront of development in the field of language teaching and in the training of language teachers.

THE IH CAPE TOWN WAY...

- To have the spirit to succeed and the passion to work harder to be the best.
- To be a respected company in terms of our professionalism, innovation, honesty, trust and integrity.
- To take care in what we do and how we do it, always being fair and treating everybody with respect.

OUR PROMISE...

- Is that we will strive, through our personal involvement and commitment, to provide students and teachers with an enjoyable, fulfilling learning experience that exceeds expectations.



contents



Coming to Cape Town	3
Our Location	4
Study English at IH Cape Town	5
English for Exams	6
English for Specific Purposes	7
English for Young Learners	9
Accommodation	11
Study, Work and Volunteering	13
Top 10 Reasons to Study at IH Cape Town	14





'The school is perfectly located. There are many shops and restaurants in this area and a splendid view of the ocean from Beach Road.'
David (Gabon)

Cape Town is the unofficial capital of South Africa, and fondly referred to as the "Mother City". It is the provincial capital of the Western Cape, as well as the legislative capital of South Africa, where the National Parliament and many government offices are situated.

Cape Town is one of the most multi-cultural cities in the world, and is not only the most popular international tourist destination in South Africa, but also one of Africa's most popular international tourist destinations.

And what's not to admire with its good climate, natural setting, and well-developed infrastructure? Not to mention a plethora of diverse attractions, sights and activities - from lavish and luxurious to backpacking on a budget, Cape Town has something for everyone.

The beaches of Clifton and Camps

Bay, Table Mountain, Chapman's Peak and the expansive gardens of Kirstenbosch are just some of the natural attractions. People don't just love Cape Town for its blue sky, though; they're also interested in the colours it takes on after dark. Thousands visit each year solely for the city's vibrant nightlife, entertainment, theatre, talented performers, excellent restaurants, wine estates and bars.

As a student at IH Cape town, you will be much more than just a tourist or a language learner. You will have the opportunity to immerse yourself in the culture of this vibrant city, rapidly improving your English as you soak up the different experiences.

You are sure to increase your English language skills both inside and outside the classroom as you become acquainted with this beautiful city.

'Cape Town is one of the most welcoming cities I have ever been to. I enjoyed the vibrance and colourful nature of the South Africans. Each and every moment in Cape Town was one I will never forget.'
Paula (Spain)



our location

- Located in the heart of Sea Point, students can enjoy proximity to a number of exciting attractions.
- Sea Point is situated between Signal Hill and the Atlantic Ocean, a few kilometres to the west of Cape Town's Central Business District (CBD). Moving from Sea Point to the CBD, one first passes through the small suburb of Three Anchor Bay, then Green Point and seaward from Green Point is the area known as Mouille Point (pronounced MOO-lee), where the local lighthouse is situated.
- Sea Point is divided by Main Road and enjoys a bustling 24-hour

cosmopolitan vibe with its many shops, restaurants, clubs, internet cafes and coffee bars. Just about everything you need is found in this part of the city and it hums with activity. IH accommodation is also within walking distance from the above hustle and bustle.

- The famous Sea Point promenade runs the length of Sea Point's beachfront, from Mouille Point to Bantry Bay and is also a hub of activity, particularly in the early morning or late afternoon. A number of children's parks run alongside the promenade and Sea Point beach adjoins an Olympic-

sized seawater swimming pool at the Pavilion.

- From Bantry Bay along the promenade you reach the trendy and there-to-be-seen beaches of Clifton and Camps Bay.
- The Green Point Stadium in Cape Town has been transformed into a completely new 70-000 seater, all-weather, multi-purpose, environmentally sustainable, modern, technologically advanced, world-class stadium giving expression to the "African Renaissance Stadium" at the juncture between Table Mountain and the Atlantic Ocean at the southern tip of Africa.

coming to cape town



studyenglishat ihcapetown

COURSES

STANDARD ENGLISH	INTENSIVE ENGLISH	BUSINESS ENGLISH
ACADEMIC YEAR PROGRAMME	PRIVATE TUITION	STUDY AND WORK/VOLUNTEER
ENGLISH PLUS	ENGLISH FOR SPECIFIC PURPOSES	EXAM PREPARATION



'Apart from learning English intensively, we have a lot of fun in class. The best thing about the classes is the individual support that the teachers offer us.' Madleina (Switzerland)

COURSE TIMES

Morning Classes	09h00 - 12h40
Tea Break	10h40 - 11h00
Lunch Break	12h40 - 13h30
Afternoon Classes	13h30 - 15h10

STANDARD ENGLISH

Contextual lessons are balanced to ensure that students improve their ability to apply language structures (grammar, vocabulary and pronunciation) for authentic communication and improve their reading, writing, listening and speaking skills.

INTENSIVE ENGLISH

Provides further improvement of students' fluency and communicative competence by expanding on vocabulary and practicing speaking skills.

BUSINESS ENGLISH

Lessons include a focus on relevant grammar, vocabulary and pronunciation, as well as on skills practice (reading, writing, speaking and listening) within a business context. The core syllabus consists of:

- › Business Correspondence (Business Writing)
- › Telephoning
- › Meetings
- › Presentations
- › Negotiations
- › Socialising

'All teachers at IH Cape Town are very friendly, funny and make you feel at home. While the atmosphere is relaxed, the lessons are structured and serious.' Carina (Germany)

ACADEMIC YEAR ABROAD

This programme is for students who wish to study at IH Cape Town for 24 weeks or more. It is ideally suited to:

- › Students who are about to enter university or embark on a master's degree.
- › University graduates who wish to give themselves a clear advantage in the workplace and expand their career opportunities.
- › Students wanting to take a worthwhile sabbatical learning English before continuing their education or career. An Academic Year coordinator meets regularly with students to ensure a structured focus to the learning process and to assist with any special needs.

PRIVATE TUITION

One-to-one lessons can be either intensive or additional to group lessons. These lessons are ideal for focusing on English for Specific Purposes (for example Legal English or Medical English) or on English for Academic Purposes, where teachers are able to design their lessons according to students' specific needs. Private tuition is also beneficial for further work on language (grammar, vocabulary and pronunciation) and/or skills practice (reading, writing, listening and speaking).

STUDY AND WORK/VOLUNTEER

Internships

Internship duration from 4 weeks to 6 months.

Volunteer South Africa

Volunteering is one of our many social and environmental programmes. Humanitarian, Wildlife and Conservation programmes are available.

Work South Africa

Gain valuable work experience in South Africa in either paid or unpaid positions.

ENGLISH PLUS

Combine your English courses with the following exciting programmes:



English & Safari

Combine your 4-week English course with a popular 4-day Kruger Park Safari, either before or after your English course at IH Cape Town. Answer the call of the Kruger, the vast,



famous southern game park teeming with Africa's most iconic creatures.

English & Surfing

Combine your 4-week English course with 8 lessons in the afternoon on how to surf with Stoked on Surf [www.stokedsurfschool.com] at Muzienburg beach. We guarantee that you will be able to surf, while the surf lessons also include general ocean understanding, surf safety, weather and wave predictions.

netlanguages®

Online English & Spanish Language courses

In affiliation with Net Languages [www.netlanguages.com] IH Cape Town offers students the opportunity to learn a language online, from anywhere in the world and in your own time. A wide variety of courses are available to suit your unique requirements in both English and Spanish.

englishforexams

IELTS and TOEFL

These courses consist of Standard English classes in the morning, followed by exam preparation (either IELTS or TOEFL) in the afternoon. Students wanting to take these exams in Cape Town are advised to book the exam before the course starts as the exam centres have limited spaces available.

Cambridge FCE, CAE and CPE.

These exam preparation courses take

place three times a year, starting in January, March/April and September/October. Exam dates are set by Cambridge ESOL and exams are taken in March, June and December. Courses are intensive and focus on both language (grammar, vocabulary and pronunciation) and skills (reading, writing, listening and speaking) work relevant to each exam. Full mock exams are regularly administered to ensure that students are suitably prepared for their exams.

englishfor specificpurposes



ESP (English for Specific Purposes) refers to any course where the aims of the course are determined by the needs of a specific group of learners. It centres not only on the language (grammar, lexis, register), but also the skills, discourses and genres appropriate to that specific group of learners. In line with international

trends, International House Cape Town offers a range of ESP courses, although additional courses can be designed to suit any specific interest group. Student profiles are collected prior to the delivery of any course to enhance the learning experience.

ENGLISH FOR SECRETARIES & ADMINISTRATIVE PERSONNEL

English for Secretaries and Administrative Personnel is a comprehensive Secretarial and Business course organised into three modules: Listening, Writing and Reading. Each unit provides presentation material of office situations, followed by a comprehensive vocabulary and grammar focus, and skills work. The language level has been carefully graded for use in an Elementary to Pre-Intermediate classroom. Content is continually updated in response to the rapidly changing demands of the business world and the emergence of new technologies.

ENGLISH FOR ENGINEERS IN THE ENERGY SECTOR

English for Engineers in the Energy Sector is aimed at Intermediate level students who have a basic grasp of English, but who need to use technical and semi-technical vocabulary within specific functional language applicable to the workplace. The course focuses on high-frequency lexis and structures used in the work environment, such as the language of safety, instructions, descriptions of equipment, processes and systems. A comprehensive glossary provides clear explanations of key terms in common use in the energy industries.

1. Giving basic information
2. Calculating and measuring
3. Describing equipment
4. Giving instructions and warnings
5. Describing systems
6. Talking about safety
7. Making comparisons
8. Describing processes and procedures
9. Giving advice



ENGLISH FOR NURSING & HEALTHCARE

English for Nursing and Healthcare is targeted at Lower-Intermediate level students of English who wish to study for a career pathway into aged care work, acute health care or nursing. Special emphasis is placed on skills work, particularly listening and speaking with an emphasis on phonetics and pronunciation in the use of medical terminology. The course also provides English language skills development and a general orientation to nursing.

ENGLISH FOR THE AVIATION INDUSTRY

The International Civil Aviation Organisation (ICAO) has stipulated as from March 2008 that all Commercial

and Private Pilots who operate within National and International Airspace, as well as Air Traffic Controllers, Flight engineers and cabin crew are required to meet the minimum level of English Language proficiency 4 in accordance with the ICAO Language Proficiency Scale.

'The English and Aviation English courses that we offer for the Aviation Industry' at our strategically based offices in the beautiful city of Cape Town are designed specifically to prepare non-native English speakers to meet the minimum standard of Level 4 in order to achieve Operational recognition to meet the ICAO standard. These intensive courses are ideally suitable for a minimum of 5 and maximum of 12 people in attendance and all our students

receive the relevant study material, manuals plus audio CD's as part of the package on offer.



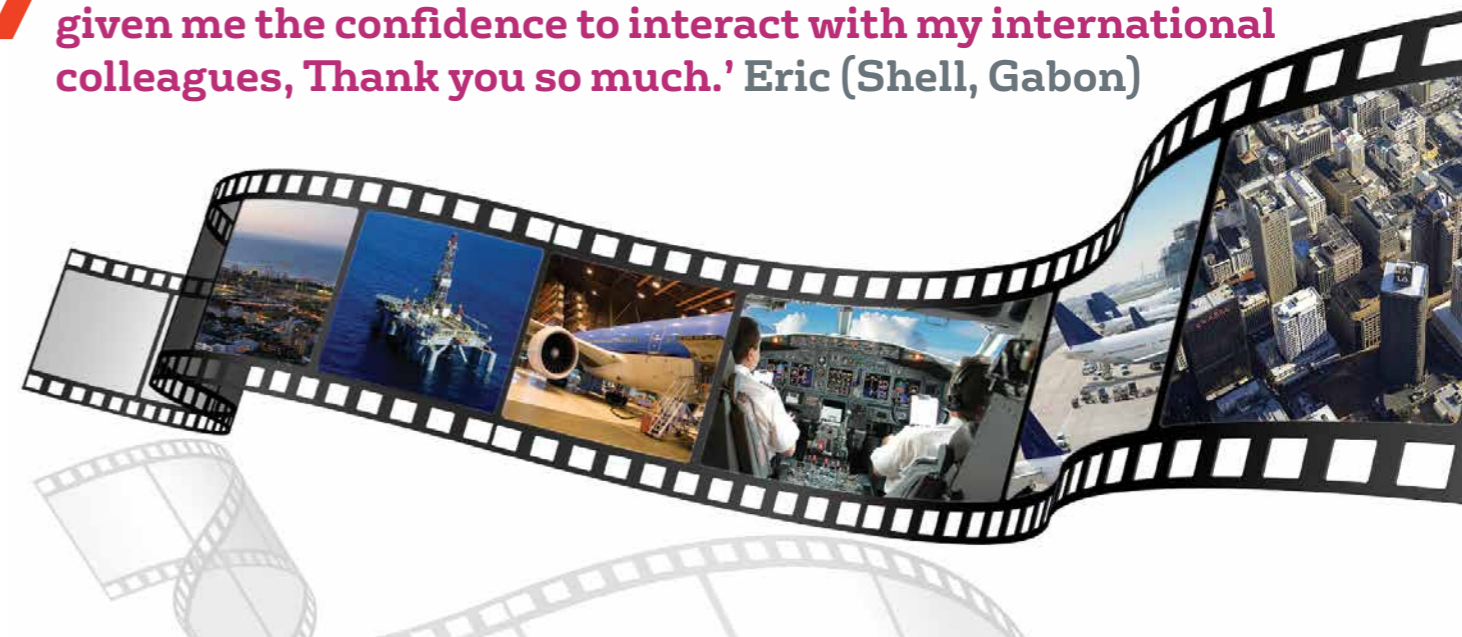
Authorised Centre

CELTA TEACHER TRAINING

The internationally recognised CELTA (Certificate in English Language Teaching to Adults) is intended for those without previous teaching experience who wish to enter the profession, and for teachers with no previous training in this field. This certificate is highly regarded by employers as providing sound initial training and a strong basis from which to develop as a teacher of English.



'As a working professional, the business English course has given me the confidence to interact with my international colleagues, Thank you so much.' Eric (Shell, Gabon)



englishfor younglearners

IH CAPE TOWN YOUNG LEARNER PROGRAMMES

Cape Town: "Cape Town is an iconic destination - it offers a myriad of remarkable and real value-for-money experiences. The Mother City's breath-taking natural beauty and sophisticated tourism infrastructure with world-renowned attractions

and facilities contribute to Cape Town's status as one of the top city travel destination of 2008," says Mariette du Toit-Helmbold - CEO of Cape Town Tourism.

LANGUAGE PROGRAMME

The very popular young learner English courses at IH have been

designed by IH World to meet the needs of all young learners. Our focus is to unlock the language that the student is already aware of and is structured to cover such aspects as conversation work, discussions, listening and reading practice, role play with a small amount of written work included. Up to date teaching methods and material, and the buzz within the classes, create an informal and happy environment. The programme consists of 20 lessons per week.

LEISURE PROGRAMME

Our comprehensive leisure programme caters for the needs of the young.

ACCOMMODATION

At IH Cape Town we have various options for our young learner groups.

TRANSFER

IH Cape Town provides transfers to and from the airport, which is approximately 20-30 minutes' drive away. This service is included in the young learners package.



TEN THINGS TO DO IN CAPE TOWN

- › Shark diving in Gansbaai
- › The breathtakingly beautiful tour to Cape Point
- › Horse riding on Noordhoek Beach
- › Visit The Two Oceans Aquarium at the V&A Waterfront
- › A visit to Robben Island
- › Visit the penguins on Boulders Beach
- › Enjoy the gardens at Kirstenbosch
- › Top up your tan on Camps Bay Beach
- › Hike up Lion's Head
- › Explore Greenpoint Market



EXAMPLE YL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07:30-08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00-10:40	Class	Class	Class	Class	Class	Cape Point
10:40-11:00	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break	
11:00-12:40	Class	Class	Class	Class	Class	
12:40-13:30	Lunch	Lunch	Lunch	Lunch	Lunch	
13:30-17:00	City Tour		V&A Waterfront		Aquarium	↓
19:00-22:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner



accommodation

ECONOMY

Ideally situated, our economy accommodation is just a 10-minute walk from our centre, the beaches, Sea Point boardwalk and a variety of cafes, restaurants, convenience stores and boutiques. Our economy accommodation is perfect for budget travellers and accommodates additional foreign nationals also on holiday in Cape Town.

Facilities:

- › Single and twin rooms
- › Shared bathrooms
- › Wireless access (additional cost)
- › Student area
- › Laundry service - reasonably priced laundrettes are available in the area as well

SUPERIOR - IH LODGE

Milton Lodge is a self-catering house centrally located in Sea Point. The area around the house is packed with coffee shops, restaurants and internet cafes. Crisp white linens and towels are standard and oversize couches and a big flat screen television & cable TV completes the home-away-from-home feeling. Facilities include a communal kitchen, lounge and a dining area. The kitchen is fully equipped, complete with a Eurogas Cooker. The lodge offers free Wi-Fi throughout in addition to a braai

(barbeque) area and laundry facilities.

SUPERIOR - IH FLATS

These 8 newly-renovated rooms are within a secure apartment complex and are tastefully decorated. It is set amongst the many cafes, restaurants and boutiques of the bustling Regent Road, 200 metres from the IH Cape Town Language Centre. This accommodation has a fully-fitted kitchen for students' use. Students who choose this accommodation will be given a breakfast voucher for a local cafe.

Facilities:

- › Bed & Breakfast (voucher)
- › Single and twin rooms
- › Shared bath and en-suite facilities (limited en-suite)
- › Laundry service available in the local area
- › Bed linen changed weekly
- › Towels changed twice weekly
- › Free Wi-Fi
- › Fully equipped kitchen

HOTEL, GUESTHOUSES & BACKPACKERS

Cape Town has a large number of reputable hotels from 5-star to the more trendy 2- and 3-star boutique and art hotels. The variety of guesthouses within the Sea Point area give our students the ability to live in a

more luxurious type of individually-run guesthouse, with a more personal service for students to enjoy should they be interested.

Cape Town is renowned for its backpacking industry, which has now moved onto greater levels and are often referred to as flashbackers. Within walking distance or a short taxi ride, there are an abundance of these near IH Cape Town.

SUPERIOR HOMESTAY

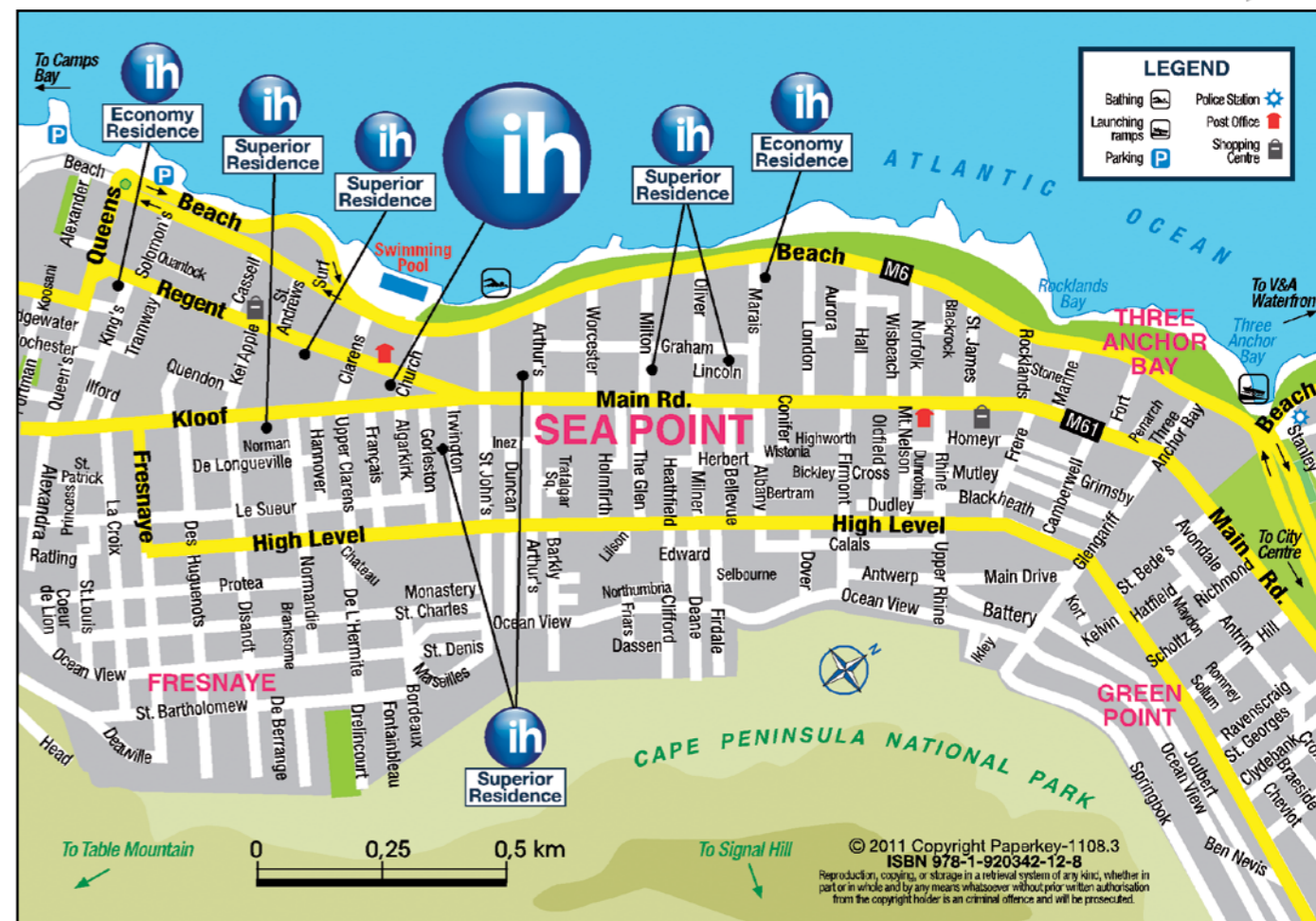
This choice of accommodation is perfect for students wanting to experience the South African culture while learning English. Students are accommodated in a comfortable room either on their own or sharing with a friend. Our students are carefully matched with a family, which is why we ask for students to send as much information about themselves as possible. Students will be provided with the following:

- › Dinner, Bed and Breakfast
- › Standard-sized bed, with a weekly change of bed linen
- › Wardrobe space
- › Work / study area
- › House keys

Laundry can be arranged between students and families. However, laundrettes are available in the area.



› 'Great, lovely and safe accommodation - so close to the school, it really made my stay - a big plus for IH Cape Town!' - Levgen (Ukraine)



study, work & volunteering

VOLUNTEERING

1) ENGLISH AND VOLUNTEERING INFORMATION

With present day time restraints on people that need to learn English either for work or leisure, International House Cape Town has designed a program which ultimately combines learning English with participating in meaningful volunteer projects in South Africa.

English Course: 15 lessons per week, 3 lessons of 50 minutes per day. The content of the English lessons will also offer students something unique. Rather than 'traditional' classroom lessons, you will be able to work on your grammar, vocabulary, pronunciation and skills in contexts related to the wonderful natural environment in

which you will find yourself.

Volunteer Project: Our wildlife conservation and rescue program is situated in different areas within the Hartbeespoort area. The program helps wild, rescued and rehabilitated animals (Elephants, monkeys, vultures and eagles to name a few) and aims to improve their living and environmental conditions. The main purpose of the projects we are involved in is to detect the needs and improve the living and environmental conditions of the various animals at these locations.

› Min Duration: 2 Weeks

› Arrival City: Johannesburg

Included: All transport - Return transport from JHB airport - 15 English lessons per week - English



course materials - English Certificate - Accommodation - All meals - 24hrs support and supervision - Donation to projects - Animal interaction



2) LEARN ENGLISH AND VOLUNTEER

Combine one of the volunteer projects either before or after an English course. We have projects in Cape Town and throughout South Africa.

Projects in Cape Town:

- › Heart for Orphans (Junior)
- › Heart for Orphans (Senior)
- › Organic African Farm
- › Hope Journey - Children's Recovery Hospital
- › Youth at Risk
- › Animal Charity
- › Streetwise Soccer

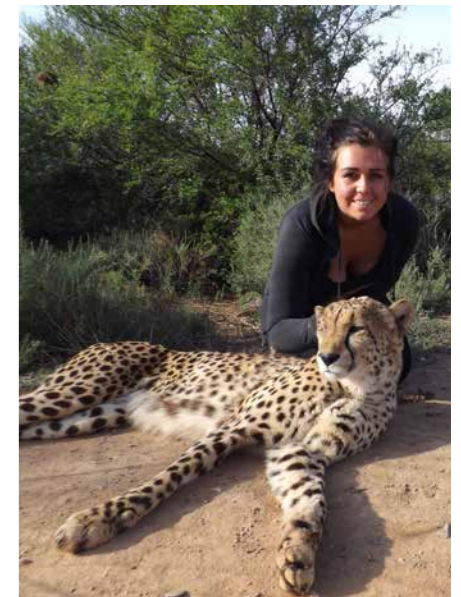
› Words Changing Worlds (Children reading project)

- › Penguin Rescue
- › Adventure Surf Club Project
- › Settlement Projects
- › School/Education Projects
- › Disabled School Assistance
- › Kitesurfing Volunteer Project
- › Great White Shark Conservation Project
- › Urban Greening & Environmental Educational Volunteer Project

Projects in South Africa:

- › Noah's Ark in Africa
- › Teach Kids on the Beach
- › Hands on Big 5
- › Go Wild Game Reserve
- › Wildlife Sanctuary
- › Animal Sanctuaries
- › Safe Home
- › Animal and Community Combo Project
- › Wild Cat Farm
- › Pre-vet Project

Please note that these projects might change and some might not be available during specific times throughout the year.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	Elephant food preparation and feeding	Preparing and feeding monkeys	Building new vulture enclosure	Animal tracking in reserve	Elephant house painting	Off	Off
PM	English lessons	English lessons	English lessons	English lessons	English lessons	Off	Off



socialcalendar

The weekly Social activities organized and hosted by the IH Cape Town staff are diverse, interesting and more importantly fun! The IH Cape Town team also organises an exciting monthly event which is by far one of the highlights for many students. This once a month gathering is a fantastic opportunity for students to mingle with each other and for the IH Cape

Town staff to learn a little more about each of them. The activities are held at the school premises or at a distinctive location in Cape Town. These social activities include:

- › Beach Soccer
- › Signal Hill Sunset
- › Lions Head Hike
- › Games Nights
- › Brewery Tour

- › Wine Tastings
- › Club and Restaurant nights
- › Paintball
- › Casino nights
- › Karting
- › Table Mountain
- › Student Party
- › Cape Town Stadium tours
- › Cooking classes
- › Surfing



WORK AND STUDY



In the past few years South Africa has become a popular destination for all travellers and in particular for the adventurous youth and student traveller.

South Africa does not allow any foreign students to do paid work in South Africa. The only exception is a cultural exchange programme, which we offer in association with our partner organisations SASTS Working Adventures.

The International House (IH) 'Study & Work SA' programme provides young people with the opportunity to study in Cape Town at the start of

their visit in a supportive and friendly environment to become comfortable with the language and culture before transferring to a project or workplace. The city, which is the unofficial capital of South Africa, is fondly referred to as the "Mother City". It boasts the most beautiful setting of mountain-meets-ocean where the famous Table Mountain watches over the magnificent local beaches.

There are several types of work for which our students with a cultural exchange visa would be eligible.

Programme Details

- › This is a non-placement programme, it allows students to do paid work.
- › It can be booked with or without a language course.
- › A good level of English is required to find reasonable jobs. We recommend doing an English course before working to reach a minimum level of upper-intermediate.
- › The duration is anything up to 1 year.
- › The enrolment should be done at least 3 months prior to start.
- › Participants have to be between 18 and 25 years old.
- › Visa restrictions apply.

Cultural Exchange Visa Requirements

The length of the Visa is 12 months and would be issued in accordance with flight details i.e. from date of arrival in South Africa. However, issuances can differ from Country to Country, and sending organisations may need to contact their Consulates for further information on visa restrictions. It must be applied for at least 3 months prior to intended dates of travel and applicants will have to provide the following as a minimum:

- 1) Proof of student status
- 2) Copy of CV/resume
- 3) Copy of valid travel insurance
- 4) Validated copy of passport (valid for 13 months after arrival date)
- 5) Police clearance
- 6) Copy of medical certificate

